About your children's School Meals We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office. If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <u>https://www.gov.uk/applyfree-school-meals</u>

Our Food

Our food has Food for Life accreditation showing that:

SO Association

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us.



Week: 1 Date: 2nd Sept, 23rd Sept, 14th Oct, 18th Nov 9th Dec, 13th Jan, 3rd Feb

Djanogly Springfield

Monday Tuesday Wednesday Thursday Friday Chicken & Tomato **Beef Chilli served** Fish Bubble Crumb Cheese & Tomato Roast Pork, Yorkshire Pasta served with Pizza served with with Rice and served with Chips Pudding & Gravy, Seasonal Vegetables **Roast Potatoes and** Seasonal 1/2 Jacket Potato & and Peas Main Salad Vegetables Vegetable Medley Quorn & Tomato Veggie Chilli served **Fishless Finders** Quorn Roast. Pasta served with with Rice & served with Chips & Yorkshire Puddina & Seasonal Vegetables Seasonal Peas Gravy, Roast Vegetables Potatoes and Vegetable Medley **Oaty Cookie Apple Crumble** Ice Cream & Fruit Homemade Custard **Chocolate Brownie** Cream Biscuit Sponge & Custard Dessert Fresh Fruit Salad **Fresh Fruit Salad** Fresh Fruit Salad Fresh Fruit Salad Fresh Fruit Salad Fruit Fruit Fruit Fruit Fruit Cheese & Biscuits **Cheese & Biscuits** Cheese & Biscuits Cheese & Biscuits Cheese & Biscuits Yoghurt Yoghurt Yoghurt Yoghurt Yoghurt



MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org'

FOOD HYGIENE RATING Al our facilities had a lood hyperin rating of 4 or 5

Salad, Fresh Fruit, Bread and Water are available to

pupils every day in all schools. $\mathbf{n} \neq \mathbf{P}$ = Vegetarian

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For Allergen information please ask a member of the catering team.



Week: 2 Date: 9th Sept, 30th Sept, 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb

Djanogly Springfield

	Monday				FOR SERVED
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage with Mashed Potatoes, Gravy & Seasonal Vegetables	Cheese & Tomato Pizza served with Diced Potatoes & Seasonal Vegetables	Roast Chicken, Gravy, Yorkshire Pudding & Mashed Potatoes and Vegetable Medley	Beef & Baked Bean Ragu (Bolognaise) served with ½ Jacket Potato & Salad	Fish Fingers served with Chips and Peas
	Veggie Sausage with Mashed Potatoes Gravy, & Seasonal Vegetables		Quorn Roast & Gravy, Yorkshire Pudding Mashed Potatoes and Vegetable Medley	Veggie Mince Ragu served with ½ Jacket Potato & Salad	Fishless Finger served with Chips and Peas
sert	Shortbread Biscuit Milk	Lemon Drizzle Muffin	Ice Cream & Fruit	Chocolate Sponge & Chocolate Custard	Banana Muffin Milk
Dessert	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt
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Week: 3 Date: 16th Sept, 7th Oct, 11th Nov, 2nd Dec, 6th Jan. 27th Jan

Monday

Djanogly Springfield

Tuesday

Wednesday

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. $\mathbf{n} \neq \mathbf{P} = Vegetarian$

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Thursday

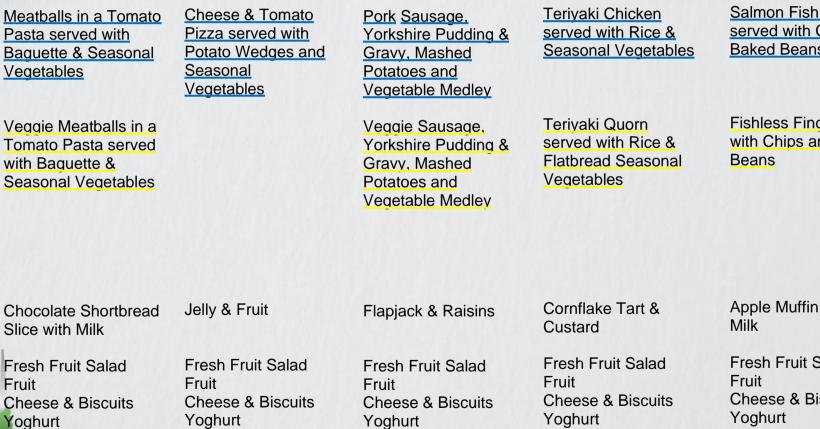
For Allergen information please ask a member of the catering team.

Friday Salmon Fish Cake served with Chips & **Baked Beans**

> **Fishless Finder served** with Chips and Baked Beans

essert Ô

Main





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Fresh Fruit Salad Fruit **Cheese & Biscuits** Yoghurt

