

Granola, Fruit and Yoghurt Parfait

Are you looking for a **mouth-watering** breakfast to **kick-start** your day? Do you **relish** **fresh, juicy berries** and find **delight** in crunchy, sweet granola? Enjoy this delicious recipe to **fulfil** your breakfast cravings.

Prep Time:

10 minutes

Servings:

1



Ingredients:

$\frac{1}{2}$ cup of rolled oats

$\frac{1}{2}$ tsp of cinnamon

$\frac{1}{4}$ cup of raisins

$\frac{1}{2}$ cup of Greek yoghurt

1 tbsp of honey

$\frac{1}{2}$ cup of fresh fruit

Method:

1. **First**, add the oats, raisins, cinnamon and honey in a mixing bowl and **thoroughly** stir until they are **combined**. Set aside this mixture, which is your granola, until step 3.
2. **Before assembling** your parfait, you should slice pieces of fruit (of your choice) into **bitesize** pieces and place to one side. We would recommend using fresh berries or frozen pieces of fruit.
3. Now that all your **components** are **prepared**, you should **generously** spoon the first layer of granola into a jar or glass cup.
4. Next, **delicately** spoon a layer of yoghurt on top of the granola.
5. **As soon as** the yoghurt has set, **neatly** place the cut pieces of fruit onto the yoghurt layer.
6. **Finally**, repeat steps 3, 4 and 5 again to build your **scrumptious** parfait.